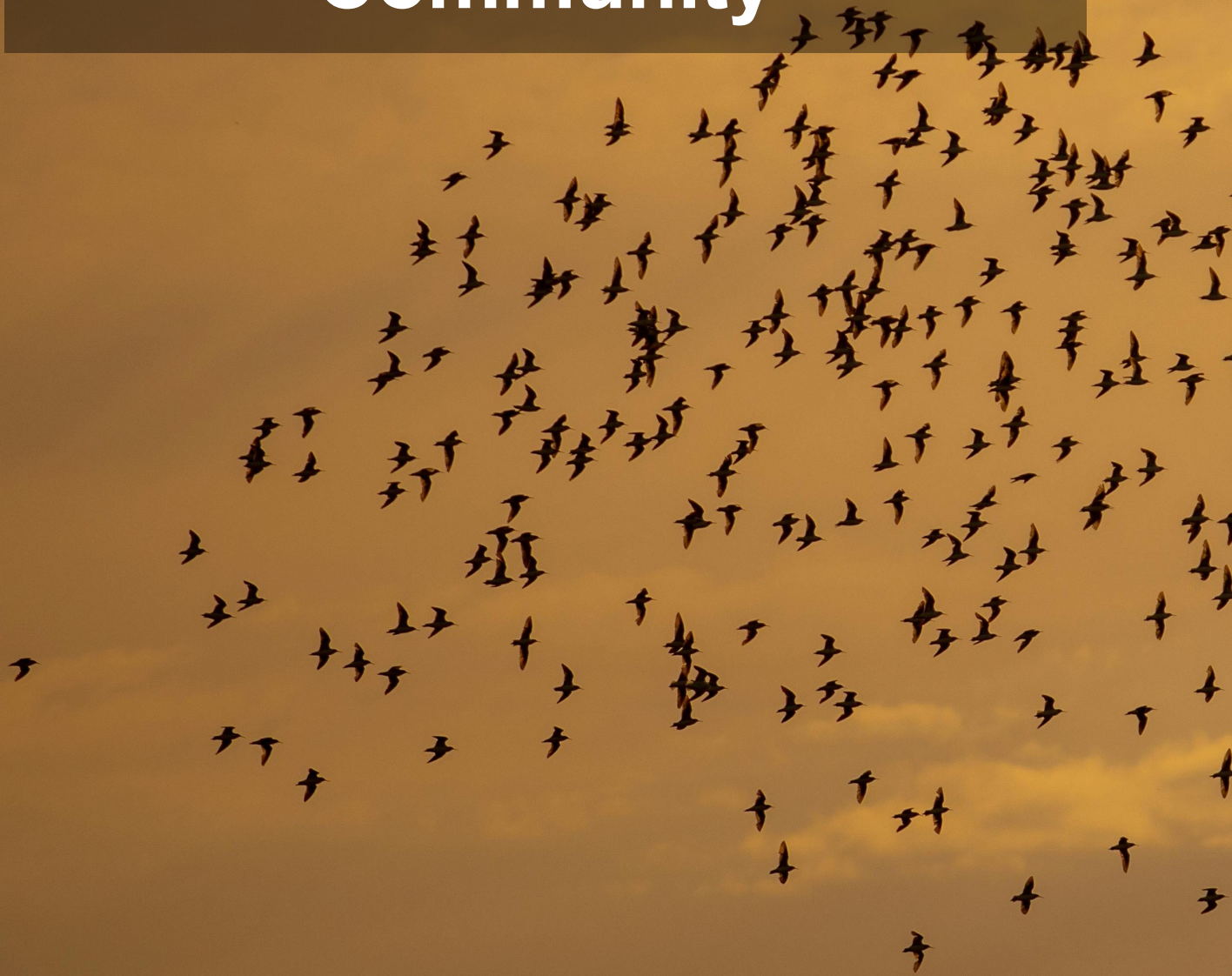


Psychosynthesis Quarterly— October 2025

Building the Psychosynthesis Community



The magazine of the Association for the Advancement of Psychosynthesis

AAP provides resources for people to cultivate peace and purpose

Our mission is to advance the theory and practice of Psychosynthesis to benefit individuals and society.

The Psychosynthesis Quarterly is published by the Association for the Advancement of Psychosynthesis (AAP) four times a year.

The AAP provides resources for people to cultivate peace and purpose. Our mission is to advance the theory and practice of psychosynthesis to benefit individuals and society.

The AAP was founded in 1995 and is a Massachusetts non-profit corporation with tax exemption in the United States. AAP membership supports this publication and the other educational activities of AAP, including scholarships. Membership and donations are tax deductible in the United States.

The Psychosynthesis Quarterly accepts announcements, ideas, reviews of books and events, articles, poetry, art, exercises, photos, and letters. Tell us what has helped your life and work, what can help others, and examples of psychosynthesis theory in action.

We hope our suggestion of from 250 to 1500 words may serve as a guideline that helps your writing. We prefer that you use the APA style guide when possible, for things like punctuation and references.

Announcements, book reviews, and upcoming events are also welcome, with a request that non-members who wish to advertise make a donation to AAP. To donate, [Click here](#)

© Copyright 2025 by AAP. All Rights Reserved.

Cover image — Photo of Birds Flying Together by Papatya Films downloaded from pexels.com website: <https://www.pexels.com> under a creative commons licence.

Table of Contents

[Welcome to the October Quarterly: Building the Psychosynthesis Community by Peter Stewart.....](#) 3

[Psychosynthesis in Today’s World by Molly Brown.....](#) 4

[The Unity and Diversity of our Psychosynthesis Community by Kenneth Sørensen.....](#) 6

[Interview with AAP Chair Mark Skelding.....](#) 12

[Garrison Summit Musings: A Grand and Beautiful Vision by Jon Schottland.....](#) 16

[Leave a little room for the mystery by Anouk Tompot.....](#) 19

[Where to now? By Cliff Ishigaki.....](#) 27

[Summit Sparks: Reflections and Gratitude contributed by Christina Gustafson.....](#) 29

[Cartography of an American in 2025 by Dr Cacky Mellor.....](#) 33

[Building Synthetic Teams by Ewa Danuta Bialek.....](#) 35

[The Growth of the Psychosynthesis Community by Isabelle Clotilde Küng.....](#) 38

[In Memoriam: Walter Polt \(1939-2025\).....](#) 44

