

AAP Association for the
Advancement of
Psychosynthesis

E-News Keeping in Touch with Our Members
29 March 2011

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"Psychosynthesis Today"



Psychosynthesis Community Retreat

June 10-11, 2011

Mercy Retreat Center in the San Francisco Bay Area, CA

Psychosynthesis in North America has evolved into a whole new place from where it began so many years ago. Many projects and programs have come and gone. We just celebrated one hundred years of Psychosynthesis in the world and fifteen years of AAP in North America.

Today, at this turning point, we learn of new ventures on a regular basis. During the past fifteen years, AAP has served as the community nexus for Psychosynthesis in North America. Our purpose is clear – to advance Psychosynthesis in North America, collaborating globally with Psychosynthesis colleagues around the world.

At this time, we are initiating a process to align our purpose with the reality of the present. We want the services of AAP to meet the needs of this evolution of the Psychosynthesis community. We have already begun a participatory planning process toward this goal. Gatherings of colleagues and friends, who share this concern for the future, will begin in the form of a retreat. We are hopeful that this will be the beginning of a renewed commitment, and the empowerment of a renewed west coast identity. We then plan to hold retreats in other regions.

The Retreat (Friday evening through Saturday evening) is a gathering of the Psychosynthesis Community – AAP members and others – in guided individual and group reflection and planning for the future. The success of the retreat will depend on input from the many perspectives and new projects in being today. We will be imaging a new future, building on the great journey that we have just completed. We will be designing the community that will sustain us, and we will celebrate renewal on the other side of this turn to the future. **The Retreat will be followed by the 5-day intensive Foundations Course, created by the Professional Development Committee (PDC). See below.**

Mercy Retreat Center, Burlingame, California is located 10 minutes from San Francisco International Airport, 5 minutes from BART rapid transit, accessible to Hwy 280 and Hwy 101. There is shuttle service from the nearest BART stop.

The 40-acre campus is surrounded by oak trees, gardens, and trails. The Mercy Center has 90 single bedrooms, five of which are handicap equipped. Conference rooms and dining areas are wheelchair accessible. Check out the web site: www.mercy-center.org

For more information, and to register online, go to
<http://www.psynthesis.org/pstoday/index.htm>. You may also contact Judi White,
386-569-6956, sophiacircle@gmail.com

“Psychosynthesis Foundations” Course

June 12-16, 2011

Mercy Retreat Center in the San Francisco Bay Area

Register by May 1 for a \$50 tuition discount. CE credits available.

The Foundations Course is an intensive, experientially based curriculum teaching core concepts and practices of Psychosynthesis.

The Course is designed for:

- Advanced students of Psychosynthesis who want to consider starting their own training programs (the Intensive will offer a model curriculum or template for planning);
- Professionals who want to incorporate Psychosynthesis into their work with people;
- Anyone wanting an introductory or refresher experience with Psychosynthesis.

This course is designed to help you:

1. Summarize seven core concepts of Psychosynthesis as described by founder Roberto Assagioli, MD.
2. Utilize these core concepts of Psychosynthesis to assess and enhance your own mental/emotional/spiritual health.
3. Practice basic Psychosynthesis techniques, and apply them appropriately to your own mental/emotional/spiritual growth and healing.
4. Articulate your responses to Psychosynthesis exercises in terms of the principles and concepts involved.
5. Apply core Psychosynthesis theories and techniques to your work as teacher, counselor, therapist, life coach, health professional, organizational consultant, etc.
6. Compare Psychosynthesis core concepts and techniques to other psychological approaches to mental/emotional health.
7. (For advanced students of psychosynthesis) Design an introductory course in psychosynthesis covering core concepts, with experiential learning activities.

The Faculty includes top trainers from across the country:

- Judith Broadus, Ph.D.
- Molly Brown, M.S., M.Div.
- Vincent Dummer, Psy.D.
- Mary Kelso, Ph.D.
- Janet Messer, Ph.D.
- Deborah Onken, Ph.D.
- Brad Roth, M.A.

The Intensive is designed as a major component of an integrated study program in Psychosynthesis Foundations that the Professional Development Committee (PDC) is developing and coordinating. The program may include local mentoring, distance and Internet learning opportunities, workshops/training at various centers, and regional/national workshops/intensives—leading to a Certificate of Completion in Psychosynthesis Foundations.

All participants will receive a Certificate of Completion for this Intensive: CE credits for 31.5 contact hours.

AAP is approved by the American Psychological Association to sponsor continuing education for psychologists. AAP maintains responsibility for this program and its content.



For additional information and to register, go to <http://www.psynthesis.org/pstoday/course.htm>. You may also contact Judi White, 386-569-6956, sophiacircle@gmail.com

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For questions regarding the Foundations course, contact Molly Brown at psychosynthesiseducation@gmail.com

Reminder: Register for Synthesis Center Presenters Conference

The Synthesis Center's 10th Annual Presenters' Conference will be held on Saturday, April 16, 2011 in Amherst, Massachusetts.

The theme, "Transformation and Synthesis of Polarities: Meeting the Challenges of Our Time," focuses on how psychosynthesis can help people respond to the conflicts that arise within us and in the world around us. To sign up or get more information, go to the Synthesis Center website at <http://www.synthesiscenter.org/news.htm>. If you have questions, email Bill Gran at whgran@gmail.com.

Reminder: "Trauma and Transformation from the Inside Out"

Presented by Wendy Webber and Jan Kuniholm
Sunday, April 17, 9:00 am to 4:30 pm at the Synthesis Center in Amherst, MA

For further information, go to <http://www.synthesiscenter.org/news.htm>
You may also contact Jan Kuniholm at Jan.Kuniholm@verizon.net

AAP Governance Documents Available

Members, you will now be able to find the annual budget, monthly SC Meeting reports, and quarterly treasurer's reports in the Members Only Section of the AAP website, under the topic Governance. Go to aap-psychosynthesis.org/members/index.htm and sign in.

Quote of the Month

"There is a vitality, a life force, an energy, a quickening that is translated through you into action, and because there is only one of you in all of time, this expression is unique. And if you block it, it will never exist through any other medium and it will be lost. The world will not have it. It is not your business to determine how good it is nor how valuable nor how it compares with other expressions. It is your business to keep it yours clearly and directly, to keep the channel open. You do not even have to believe in yourself or your work. You have to keep yourself open and aware to the urges that motivate you."

-- Martha Graham, dancer and choreographer

The AAP Members' Directory 2011 and telephone book have been updated:
<http://www.aap-psychoanalysis.org/members/directory2010.htm>

Please take some time to check your entry. If you would like to make changes and/or additions, please contact Shamai at directory@aap-psychoanalysis.org

Welcome to New and Returning Members

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Editor's note: We look forward to your contributions and suggestions for our next issue. The deadline is April 17. Please send your comments to aap.input@gmail.com.
Thank you!

**Dori Smith,
Managing Editor**

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