



AAP eNews

The online Newsletter of the Association for the Advancement of Psychosynthesis

December

2011

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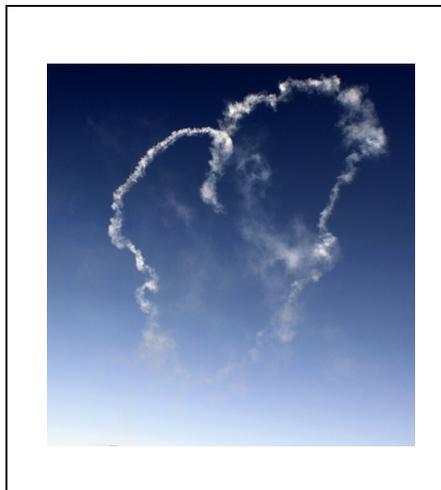
The Expanding Meaning of Security: From Personal to Planetary

Can Psychosynthesis be a catalyst for change?

By Patrick Williams, EdD, MCC, BCC

Research on the word *security* reveals that men connect it to money in the bank, and women connect it to family and relationships. Today, we are faced with a long-predicted sense of *insecurity* about the future of the planet and whether we will be part of its evolution or the main cause of its destruction. The origin of Asagioli's psychosynthesis, written in 1911, was an attempt to educate about personal/ spiritual psychosynthesis, and in reality planetary [synthesis]. Psychosynthesis in principle and value should be more predominant in efforts to truly change the world we live in so that we can continue to live in it.

The process and theory of sub-personalities coupled with Carl Jung's theory of the Shadow archetype seem to me a good way to view all the chaos happening



in our world. And yet some of what is hiding in the Shadow is also greatness that has not come into the light.

The world needs global warming

— not the environmental kind, the relational kind! Every day we see the reports of global warming and its disastrous effects on the environment.

What if that insecurity led to a rise in human connection and efforts for transformation? What if the walls that separate us from truly honoring each other came crashing down, just as glaciers are doing in Antarctica?

I've had the pleasure of traveling to many countries teaching and training and I have noticed how people everywhere respond well to friendliness despite the politics of individual countries. If you act friendly, you are treated friendly, if you are courteous, you are treated with courtesy. If you ask people about themselves with nonjudgmental curiosity they respond with openness and

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AAP eNews

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Send Ideas, Art, Photos, and letters; tell what has helped your life and work; send poems, book reviews, articles. Show psychosynthesis theory in action. We request **Goings On** notes be **500** words or less and **articles** be **1500** words or less. Send to

aap.input@gmail.com

This is an experimental issue of AAP eNews, a hybrid between the old AAP News format and the more recent e-News issues.

Tell us what you think at

aap.input@gmail.com

The Association for the Advancement of Psychosynthesis:

Founded in 1995, AAP is a non-profit association with tax exemption in the United States. It is dedicated to advocating on behalf of psychosynthesis and conducting psychosynthesis educational programs. Donations are tax deductible.

AAP membership is \$75 (US) per year, with a sliding-scale fee of \$45 to \$75 for those who need it.

Go to <http://www.aap-psychosynthesis.org/renew.htm> or contact us at (646) 320-3914 or info@aap-psychosynthesis.org.

Views expressed in AAP eNews are not necessarily those of the editors or of AAP. We may edit submissions for grammar, syntax, and length.■

This eNews goes out to all current AAP members. Our membership list is never sold.

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REQUEST FOR PROPOSALS

The Synthesis Center Spring Conference

The Synthesis Center in Amherst MA will hold its 11th Annual Presenters' Conference on Saturday, April 28, 2012 and we need your help. Your presentations are what make these conferences powerful and popular. People from all over the east coast come to this one day event. The theme, "Everyday Psychosynthesis," focuses on the ways Psychosynthesis can provide us tools for everyday living — and not only in a therapeutic setting.

We are requesting proposals for 75 minute workshops drawing on all the psychological functions. The Committee will choose 12 presentations to create a balanced and stimulating conference. Proposals are due before February 12, 2012 and a proposal form may be obtained by contacting Bill Gran at whgran@gmail.com



ROME CONFERENCE

Psychosynthesis World Conference 2012

Are you planning to attend psychosynthesis in the world, the international conference in Rome Italy, June 21-24, 2012? If the answer is yes, would you like to be included in a group travel package which will bring down the travel costs?

Patrick Williams is investigating, through his travel club, group travel options which may be available at that time.

A trip to Roberto Assagioli's home and archives in Florence after the conference would also be part of the group's travel plan.

If you are planning on attending and would like to be part of this group effort to travel to Rome and back, please let us know by email at aap.input@gmail.com or by calling Judi White, (386) 698-4256.

P.S. We also need a volunteer to coordinate this effort. If you are willing to be that person, please mention it when you let us know you want to be part of the group travel plan.■

FROM OUR COCHAIRS

First of all, we'd like to express our gratitude and appreciation for the twenty-two members who joined in on the November 6, 2011 Annual Meeting teleconference. Connecting in this way is still new to many of us. Admittedly we were holding our breath, not knowing if it would work. We soon discovered that we, too, can hold a meeting successfully without sitting face-to-face, which, of course, we all still would prefer.

There are many psychosynthesis projects, programs and events going on these days. This was reflected in the meeting's agenda, as Committee representatives reported their accomplishments to date and goals for 2012. Building on the enthusiasm generated from these reports, a lively discussion ensued around three topics: accessibility of our code of ethics which was developed in 2002; the Synthesis Coaching course which has resulted from the Coaching Communities of Practice; and investigating group travel costs to the conference in Rome in June 2012. A full report of the meeting's proceedings will be included in this eNews issue. [see page 5]

As the Steering Committee, we see the need for communicating the many projects, programs, and events going on and maintaining an interface that supports the continuing evolution of psychosynthesis.



We see eNews and other publications, as well as the creation of a new and interactive website and intranet as our major priority for 2012.

There will be a North American Conference in 2013 and we will begin planning it in January 2012. In the meantime, in 2012, in order to build momentum, we hope you will give serious consideration to holding a *Circle of Many Voices* which includes your taking a moment to invite folks to join AAP, whether it be the retreat or presenter's conference you already have scheduled, a study group, or a day to introduce

new people to psychosynthesis as part of your marketing strategy for a training program.

To close the meeting, we asked for each person present, and we ask if you will now: *take a minute to center in your individual and our collective source of affirmation and insight – that place which shines from your heart and the heart of all of us. Focusing in this place, become mindful of the promise you will claim for this year as the AAP community.*

Hold your promise in your heart, and if you so will, please share it with us.

In gratitude and appreciation for our common vision,

Judi White and Sharon Mandt on behalf of the Steering Committee

To Change your address with AAP, please go to our website and fill out the form at aap-psychosynthesis.org/formcoa.htm

Security cont'd from p. 1 glee.

From research today in Positive Psychology and Emotional Intelligence (EQ), we have evidence of techniques and outcomes that improve relationships, embrace diversity, strengthen our ability to be open-minded and less judgmental, and improve the honest, clear communication that is necessary to foster good relationships.

Shouldn't this research be applied to global relations and community challenges? Martin Seligman, in his introduction to the *Handbook of Positive Psychology* (Snyder, C.R. and Lopez, S. editors, 2002) states, "I believe that a psychology of positive human functioning will arise that achieves a scientific understanding and effective interventions to build thriving individuals, families and communities."

The timing could not be more crucial. Global warming of the human kind needs to *erupt* around the globe — another peace movement, spawning an increase in global warming within the hearts of the human family. Emotional climate change is needed now more than ever: ***not glacial..... but definitely relational!***

Empowering People and Communities

On the first day of the 15th annual International Coach Federation global conference in Fort Worth, Texas, over 1,000 attendees watched the most inspirational introduction I have seen in all 15 years of attending these conferences. The huge screens on the stage showed a moving globe and as it focused on one continent, all the countries with members in the ICF lit up, then moved on to the next continent, and by the end, there were over 100 countries with a coaching presence.

I know that some of the gaps in the maps in Central Africa and other countries in reality had coaching presence through some of my partners and colleagues in the nonprofit world of NGOs and grassroots efforts where coaching is being utilized. But that presence could be so much bigger and so much more resonant — with a collective, collaborative voice and coaching community connection.

All psychosynthesis professionals are trained [in such a way that they could] easily adopt a coaching model as the vehicle for their knowledge and skills.

My idea is this: The nonprofit I founded in 2005, Coaching the Global Village, could be the connecting point of all who want to be a Global Village, Coach or a Global Village, Coach Trainer. So let's pick a month, say May 2012, when a global coaching initiative is rolled out in all 100+ countries at the same time. This can include:

1. Pro bono or discounted coaching services in your local community or in all locales around the globe.
2. Training for local leaders and citizens in the coaching essentials to empower them individually and to assist with personal and community development.
3. Follow-up research on the effectiveness of coaching skills or programs. What has changed for the better?

Relationships are all there is. Everything in the universe only exists because it is in relationship to everything else. Nothing exists in isolation. I believe we can change the world if we start listening to one another again, having simple, honest, human conversation [instead of] mediation, negotiation, problem solving, debate, or public meetings - simple, truthful conversations where we each have a chance to speak, we each feel heard, and we each listen well. — Margaret J. Wheatley

Coaching can make the difference. If you are interested, please send an email to:

Unity@CoachingTheGlobalVillage.org.

AAP ANNUAL MEETING

AAP Annual Membership Meeting Report

by Ellen Faith

The AAP Annual Membership meeting met via teleconference for one hour on Sunday, November 6, 2011, at 8 pm ET. Prior to the meeting, all AAP members had received an agenda, an annual report of the 2010-2011 AAP endeavors and accomplishments, and a request for committee reports in the areas of Membership, Administration, and Program. As such, a number of individuals and teams representing the standing committees in these three areas submitted reports, in some cases in lieu of participation in the conference call itself.

The theme of the teleconference was "Circle of Many Voices," communicating the meeting's participatory intent. A total of 22 AAP members took part in the call, which opened with which opened with a cycle of introductions and welcomes as each person entered the conference call. All were then welcomed by Judi White, Co-Chair. The meeting progressed with reports from the various committee chairs or representatives outlining their accomplishments and goals, as described below. These reports were followed by discussion, which was moderated by Co-Chair Sharon Mandt.

Committee and Administrative Reports

Membership Committee

The Membership Committee began this series of reports with Shamai Currim offering a potent and heartfelt appeal for members to continue to volunteer, support, and maintain AAP so that it may remain vital and strong.

Professional Development Committee

Molly Brown emphasized the creation of the Foundations course offered this past June, sharing some of its challenges. Judith Broadus expressed thanks to AAP for the mini-grant given to help make the course possible. Editing of the DVD for this course is proceeding but not yet completed.

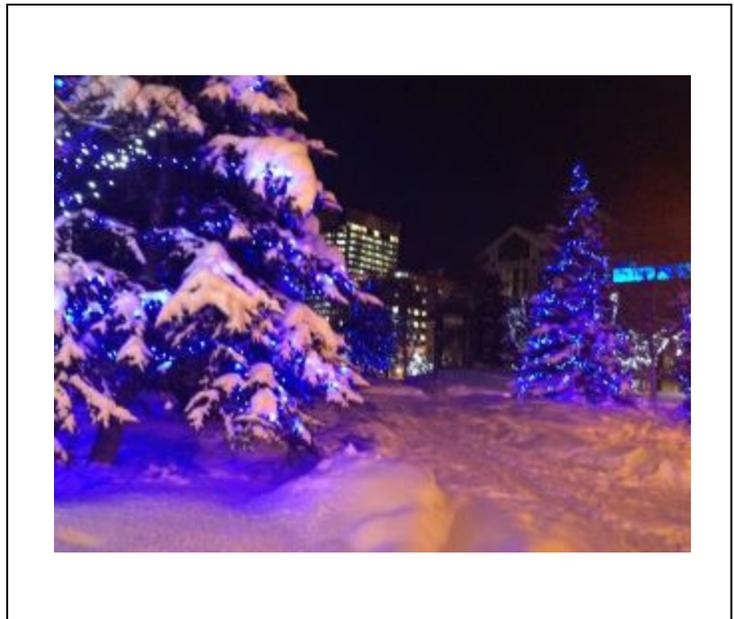
Molly said that another Foundations course has not been scheduled to date. The Professional Development Committee (PDC) wants to work with training centers to create a network and coordinate a common set of curricula. Judith noted the importance of the PDC to develop right relations with the North American psychosynthesis centers on how to enhance training programs. Molly reported that the PDC has submitted a proposal about training to the international conference in Italy in June 2012.

Research Committee

Vincent Dummer reported that the Research Committee has not met formally during this past year but continues to be available for consultation.

Archives Committee

John Parks reported on the Archives Committee, which had a major role in content for the recently published *Psychosynthesis in North America*. Work with the archives is ongoing, with Carol Blanchard's and Sharon Mandt's active participation. The committee seeks and procures documentation from the North American centers pertaining to their work as well as authoritative papers by key individual leaders in an effort to ensure that this information is eventually accessible to all. The North American



See *Minutes* on Page 6

AAP ANNUAL MEETING

Minutes *Cont'd from page 5* archives are housed at the University of California, Santa Barbara. Phyllis Clay has led two trips to Assagioli's library in Florence, Italy for archival work, demonstrating that the archival process is an international collaboration.

Continuing Education Committee

Judith Broadus noted that the committee's primary project has been tracking CE units with APA, NBCC, and BSSE (in California), and observing the impact of APA's legal statutes with respect to CE units. Judith and Molly also noted that an inquiry is in process to determine how to grant CE units for online courses, an emerging focus for the Continuing Education Committee.

Publications Committee

Edwin Miller reported on the imminent publication of *Conversations on Trauma*, stating that the printer's proofs have been given to the co-editors. Following a description of publication and mailing details, he noted that members should receive this edition of *Conversations* not long after Thanksgiving.

Website Committee

Patrick Dufour reported on the development of a new website for AAP. There has been progress in the creation of a new intranet that will allow access to multiple administrators who will be able to develop and maintain the members-only area. He reported that the task force has had multiple meetings and is closer to decisions on the website's appearance, illustrations, and website logo.

Treasurer's Report

Audrey McMorrow offered a summarized financial report for 2011 up through the end of September. She pointed out a decline of approximately \$8,000 in cash on hand as compared to last year at the same time, noting that 2010 was a year in which there was an annual conference. She stated that one of the primary sources of revenue for AAP is an annual conference and that we will need to find new ways to increase our revenue when no conference is offered.



Member-Initiated Discussions

Molly Brown asked about a Statement of Ethics for AAP. Discussion clarified that such a statement does exist in the Pro Man but is not currently posted on the website. It was suggested that additional review of the current statement was called for with subsequent posting on the website.

Patrick Williams initiated a discussion about the "Coaching Community of Practice," an outcome of the 2010 conference, and said that he would like to bring the development of *synthesis coaching* to the forefront. Discussion ensued on the compatibility of coaching models with psychosynthesis, with agreement that coaching is a potent field for

psychosynthesis practitioners. [see article on Page 1—*ed.*]

Mary Kelso suggested an effort be made to organize a group trip to the Italy conference in June 2012 in order to bring travel costs down. Participants were enthusiastic about this possibility, and Patrick Williams, member of a travel club, volunteered to call them to inquire about upcoming deals and best options available. [see note on Page 2 —*ed.*] He will report his findings to Judi White, who will relate the progress of securing a reduced airfare package for AAP members traveling to Rome for the conference. Stephanie Lindsay, a new AAP member, noted her new role with *Goings On* under the mentorship of David Shirley, and offered to publish a request in the next issue for those interested in participating

See **MINUTES** page 10

MEMBERSHIP

The Heart of AAP

By Shamai Currim

Membership is at the heart of the Advancement of Psychosynthesis. With you as members, we exist as a vibrant entity where our goal to touch the lives of others can be accomplished in this very lifetime.

We need to hold on as we go through the changes the world is undertaking, keeping in mind that as a group working together, we are always stronger.

As members, please give as much as you can to keep that bond strong. Volunteer. Support. Maintain. Let that be our motto as we move into a new year.



Membership Committee will:

1. Maintain and continually improve the system for tracking membership and renewal, as well as finding innovative ways of creating interaction amongst our members.
2. Support the creation and maintenance of a new, interactive website.
3. Encourage Centers and regions in North America to hold regional gatherings in 2012.
4. Look for new ways to raise operating funds and work on encouraging endowments.
6. Work actively on nominations to elect 3-4 new members for the SC.
7. Continue publishing the eNews –including information from each Center, articles and news from new writers, and the addition of new editorial staff.

Our goal: to create a strong, vibrant, enriched AAP that meets the needs of all its members.

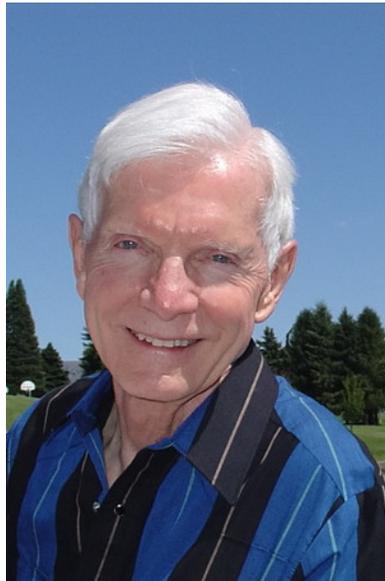
To help — contact Shamai at membership@aap-psychosynthesis.org

BOOKS

STORIES OF HEALING

A Family Doctor's Journal

Robert A. Anderson, MD



October, 2011

Lorian Press
Everett, Washington

www.Lorian.org

\$ 20.50 plus shipping

click on *Stories of Healing* on the home page

Forty-four stories of patients who achieved healing with
Outside-the-Box options – from the nutritional to the mystical

[Note: Bob Anderson is a long-time AAP member who has incorporated psychosynthesis in his practice and has taught workshops at AAP Conferences and elsewhere —ed.]

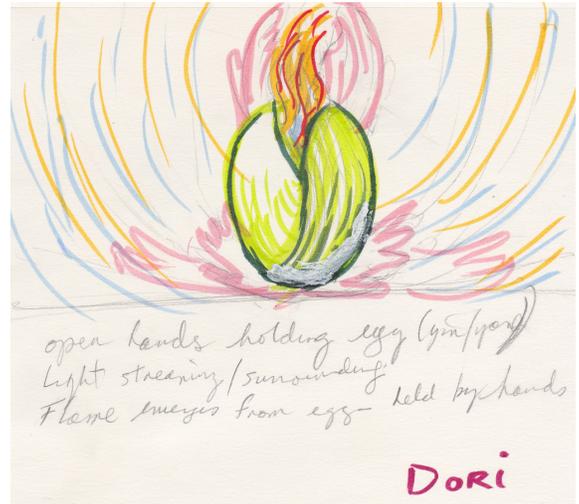
AAP LOGO

Three Additional AAP Logo Submissions

By Dori Smith

The goal of creating a new logo for AAP is not new. It began in 2009, when it became clear that the existing logo did not adequately represent the full purpose of AAP. Dori Smith, who has been involved in this process since it began in 2009, shared two logos which have been considered.

Slated for an Annual Conference, this was created by Dori —



— This logo was created by Susan Hanley, following an AAP Steering Committee brainstorm and discussion on values to include in a logo.

This logo was submitted recently by Clare Goodwin
<http://www.abgoodwin.com/mandala/> —

Some of the values for a logo which have been discussed are:

- Distinguishes AAP from other psychosynthesis Organizations
- Simplicity
- “Flowering,” unfolding, or evolving
- A connection to psychosynthesis roots

Several sources of logo creation have been sent in. One quote, which seems to hold the wisdom contained in the other sources is by Paul Rand. He was the designer the logo for ABC television, IBM, Ford and many other major corporations: *“The effectiveness of a good logo depends on: distinctiveness, visibility, usability, memorability, universality, durability and timelessness.”*

The AAP Steering Committee will be pulling together all of the input received and will create a final image at the December retreat. If you would like to share your thoughts about our logo, please write the Steering Committee at aap.input@gmail.com. ■



ANNUAL MEETING

MINUTES cont'd from Page 6

in group travel to the conference in Italy.

Meeting Conclusion

Judi White presented the Steering Committee report. She acknowledged gratitude and appreciation for the longstanding dedicated service of the newsletter staff, to Edwin Miller for being the publishing house dynamic, to Sharon Mandt for her exceptional accomplishments, for the Foundations Course, and *Psychosynthesis in North America*, (and notably Dori Smith's perseverance in seeing it through). She reported the process of the Vision and Obstacles surveys, noting that the new image represents what is occurring in psychosynthesis in North America today as well as what is keeping us from growing as a community. She then reported the future priorities of the Steering Committee, with the key priority that of the creation of the new intranet and website.

Judi encouraged members to be mindful of the pledge each might claim for the AAP community. Many affirmed assistance to one another, greater leadership in certain areas, and consideration of the original vision of Roberto Assagioli for insights that could lead us into the future. ■

