

March 21, 2023

In the northern hemisphere we welcome the springtime, where hopes that may have been frozen are defrosting. As winter begins to loosen its grip, the sun warms our days and beckons new growth. We are eager to share the seeds we are nurturing and the budding intentions we plan to welcome forth in 2023 and beyond. In the south, autumn is making her presence felt, and we wish our friends down under the richness and reflection of the time of harvest.

While we value Psychosynthesis work in therapy and acknowledge the role in which the AAP serves to advance psychosynthesis through this channel, we would like to share some additional avenues that we intend to pursue.

Excerpt from John Firman and Ann Gila's training document: <https://www.synthesiscenter.org/PDF/Seven%20Concepts.pdf>

*“One can know all the principal ones and still not have grasped the spirit of psychosynthesis. And vice versa. Real training entails both these factors—an intuitive understanding of the spirit of psychosynthesis and sound technical knowledge.*

*Psychosynthesis functions in five main fields: the therapeutic (psychotherapy; doctor-patient relations); personal integration and actualization (realization of one's own potentialities); the educational (psychosynthesis by parents and by educators in the school of all*

*degrees); the interpersonal (marriage, couples, etc.); the social (right social relations within groups and between groups).*

*Each one can choose a particular field of work and specialize in it alone. Being familiar with the other fields, however, is valuable, since all fields are interconnected. But the field of self-actualization and integration is the heart of psychosynthesis, a thorough knowledge of it is necessary for anyone operating in the other fields.”*

Here are several important announcements.

*\*\*If you prefer to listen rather than read, please [CLICK HERE](#)*

CALLS TO ACTION (see below for additional details on each of these initiatives)

- Save the date: May 7th Annual meeting May 7, 2023
- RESEARCH: Join us in revamping the focus of the AAP to develop psychosynthesis research - [Archives.AAP@gmail.com](mailto:Archives.AAP@gmail.com)
- COACHING: Let us know if you are interested in the Coaching in a Global Community program - [AAP.PSCoaching@gmail.com](mailto:AAP.PSCoaching@gmail.com)
- AFFORDABLE COACHING: Please let us know if you are interested in supporting an affordable coaching and/or coaching practice space - [AAP.PSCoaching@gmail.com](mailto:AAP.PSCoaching@gmail.com)
- ARCHIVES: Contribute to our AAP archival efforts – including an ongoing effort to translate psychosynthesis documents. - [AAP.Archives@gmail.com](mailto:AAP.Archives@gmail.com)

- QUOTES: Send us your favorite psychosynthesis-related quotes for including in each Quarterly - [AAPSC01@gmail.com](mailto:AAPSC01@gmail.com)
- YOUR VOICE: Share your voice in commenting on letters to the editor in the Quarterly “Your Voice” - [newsletter@aap-psychoanalysis.org](mailto:newsletter@aap-psychoanalysis.org)
- JOIN OUR STEERING COMMITTEE: Take another look at Special requests to join the Steering Committee from the [AnnualNewYearsLetterToMembers2023](#) for a Treasurer, Grant Writer and Fundraiser. [communication@aap-psychoanalysis.org](mailto:communication@aap-psychoanalysis.org)

## Celebrating the life of Roberto Assagioli

Happy (belated) Birthday to Roberto!! He would have been 135 on Feb 27th, 2023

Please feel free to see Catherine Ann Lombard’s website for some interesting tidbits about this and more: <https://loveandwill.com/2023/02/27/birthday-gifts-from-roberto-assagioli/>

## Annual AAP members meeting May 7th, 2023

As you may recall, we have shifted our annual meeting to now take place in the springtime each year. Please save the date: Sunday, May 7th, 2023 noon - 1 pm Eastern Time.

During this annual meeting, we will discuss your ideas/comments/suggestions, and more as we outline some of the new projects and programs

we have in mind. Please read the following to start thinking about ways forward and opportunities to contribute to advancing psychosynthesis!

## Strengthening the AAP research focus

One of the goals of the AAP is to be at the cutting edge of psychosynthesis research.

The AAP steering committees of the past have pushed ahead to bring psychosynthesis forward through research. We are hoping to continue and step up this endeavor in 2023 and beyond. We feel that now is the time for promoting psychosynthesis in the world – more than ever before – as fundamental principles of psychosynthesis flood into everyday psychology and related fields – often *without much recognition or awareness of the body of work Roberto Assagioli has contributed.*

We welcome anyone interested in supporting the AAP Research branch. Your skills, knowledge, and talents in this area are needed!s.

For example, in the coming months, we will be developing and sending surveys to help us in gathering information on the effectiveness of your practice with psychosynthesis. Putting psychosynthesis into context requires having information in the form of stories, client case study examples, data, and more to clearly demonstrate the efficacy of our work. If you are interested in participating in this project and/or working together to develop a study with individuals or groups with whom you are currently working, please email us at [Archives.AAP@gmail.com](mailto:Archives.AAP@gmail.com)

# Developments in AAP Coaching activities

## Coaching in a Global Community

In 2023, we will begin working with Dr. Patrick Williams to revive *The Coaching the Global Village (CGV)* program. This was presented at the AAP conference in Burlington, VT in 2013.

*“Coaching the Global Village, Inc. was created in 2005 to partner with world-changing leaders, nonprofits, and NGOs in using professional coaching techniques to bring about sustainable social change in local communities throughout the world.*

*Through individual and group coaching, CGV utilized a team of successful and visionary coaches worldwide to provide community leaders with consultation in strategic planning, cross-sector partnerships, team building, leadership development, and building a network of NGOs”.*

The AAP seeks to support all of these activities. Since the initial program, Coaching the Global Village has not been active for some time, the AAP will begin carrying out this program under the umbrella of: Coaching in a Global Community. We believe that psychosynthesis-based life coaching tools can only complement and strengthen the established coach approach training already implemented worldwide through the CGV program.

In the context of writing grants for research, the AAP will seek funding to bring this program to life once again. The vision for this would be to S.E.W.:

- Secure steady funding to send a handful of coaches to different parts of the world each year

- Establish long-lasting connections and equip local communities and schools with psychosynthesis-based coaching tools and techniques
- Work with other professional coaches and NGOs to develop programs over time.

## Affordable Coaching, Peer-to-Peer Coaching, and Supervision Opportunities

Along with the work related to coaching in the global community, the AAP seeks to promote Psychosynthesis as an important branch of coaching in the world. The AAP recognizes and supports the various PS coaching programs, and seeks to connect with these training schools to offer students resources and research/project opportunities.

In order to maintain active certification credentials (e.g. for the BCC via CCE) it is important to demonstrate a certain number of documented hours of practice. The AAP is now ready to embark on providing coaches the space for practice, peer-to-peer coaching, and coaching supervision. Ideas are most welcome to get this going!

At the previous AAP annual members meeting, many desired to have an affordable coaching directory. If you have accredited psychosynthesis training and are interested in continuing the conversation, please contact us at [AAP.PSCoaching@gmail.com](mailto:AAP.PSCoaching@gmail.com) with “Affordable Coaching” in the subject line.

## AAP Archives

As you may know, the AAP Steering Committee of 2007 formally acquired the rights to documents and exercises from the Psychosynthesis Research Foundation (PRF). In addition, the AAP has secured long-term archival storage of documents at the University of California, Santa Barbara, through the support of Tom Yeomans.

Jan Kuniholm, who most recently worked on the archives in the SC, has painstakingly digitized numerous documents which have not been seen by the public (thank you Jan for all of your work!). We will be compiling and sharing these archives online and looking for those interested in bringing these documents to life to please contact us at [Archives.AAP@gmail.com](mailto:Archives.AAP@gmail.com)

The archives include:

- Seminars given to the PRF by Roberto Assagioli himself, as well as other prominent figures including Dr. Stanslov Grof, Dr. Frances Cheek (who worked with Dr. Humphrey Osmond), Dr. Harold Streitfield (Bio-Synthesis) and of course Martha Crampton
- Correspondence between members of the PRF in the 1950s-1970s, which provide insight and context into the development of psychosynthesis in the United States in this time period
- Reprints by the PRF from the Journal of Transpersonal Psychology
- PRF meeting minutes / misc. documents
- PRF Newsletters and Issues

The DeepL translation software will be used to translate these documents, and we intend on providing multiple language translations to further promote psychosynthesis.

If you have any interest in this translation process – or in helping to unpack the archives, please let us know! You can reach us at [AAP.Archives@gmail.com](mailto:AAP.Archives@gmail.com).

## Quarterlies and Webinars

For the past few years, we have tied the quarterlies and webinars together with a common theme chosen by a guest editor. In this capacity, they take on the dual role of editor of the quarterly and host of the accompanying webinar. We are always interested in bringing new voices to our members and invite you to consider taking on this dual role. For more information, [click here](#) or contact us at [communication@aap-psychoanalysis.org](mailto:communication@aap-psychoanalysis.org)

- In the December quarterly issue, we introduced “Your Voice”. We often receive comments after each publication of the Quarterly. Now we are introducing “Your Voice” as an opportunity to share these with you. After reading the Quarterly, if you wish to share your thoughts, comments, or feedback, please send them to [newsletter@aap-psychoanalysis.org](mailto:newsletter@aap-psychoanalysis.org). We ask that you be kind and respectful as we are all doing our best.
- NEW ADDITION:

In the March issue of the Quarterly, we introduced ‘Inspirational PS Quotes’. We invite you to submit inspirational quotes related to the theme of each quarterly. As an example, the Steering Committee members selected a handful of quotes related to the March quarterly theme, ‘Psychosynthesis and Work’.

- If you would like to submit a quote for the June 2023 Quarterly theme of “As within, So Without: Psychosynthesis and the Sacred Work of Social Justice” please send via email to [AAPSC01@gmail.com](mailto:AAPSC01@gmail.com) with



the Subject titled “PS Quotes” no later than May 15th, 2023 for June 2023 quarterly.

- Please include references/citations to the quotes. We are looking for quotes that capture the essence of psychosynthesis and are pertinent to the theme of the quarterly. They may be from psychosynthesis authors/ thinkers as well as those not directly connected to psychosynthesis but are related. The Steering Committee will select quotes to be included.

*Steering Committee:*

*Jonny Dray*

*Marjorie Hope Gross*

*Christina Gustafson*

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